
SHARON LYNN CAIRNS

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Division of Applied Psychology
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PROFESSIONAL LICENSURE

- College of Alberta Psychologists Certificate # 2426

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

- American Psychological Association -- Member # 81296000
- Canadian Association of College and University Student Services -- Member # 4110
- Canadian Counselling Association – Member 0470
- Canadian Psychological Association -- Member # 1941
 - Clinical Section Member
 - Counselling Section Member
 - Section of Women and Psychology Member
- Psychological Association of Alberta – Member # 11616

EDUCATION

Doctor of Philosophy	Clinical Psychology University of Manitoba <u>Doctoral Dissertation:</u> MMPI-2 and Rorschach Assessments of Adults Physically Abused as Children. Supervisor: Dr. C. Koverola, Department of Psychology	May, 1997
Clinical Psychology Internship	Alberta Children's Hospital <u>Rotations:</u> Child Abuse, Mental Health, Medical Psychology. Supervisors: Dr. J. Pearce, Dr. D. Murdoch, Dr. S. Whitsett.	Aug., 1995
Master of Arts	Clinical Psychology University of Manitoba <u>Master's Thesis:</u> Computer Aided Speech Shaping Supervisor: Dr. J. Pear, Department of Psychology	May, 1990
Bachelor of Arts (Hons.)	Psychology University of Winnipeg	May, 1987

CONTINUING PROFESSIONAL EDUCATION

- Navigating Therapeutic Routes: One Client, Three Evidence Based Approaches to Recovery (CPA Pre-conference workshop, 1 day) June, 2011
- Professionalism and Boundaries in Psychotherapy (PAA Annual Meeting) Sept., 2010
- Hands on Continuing Competence (PAA Annual Meeting) Sept., 2010
- Factor Analysis (D. Nordstokke, ½ day) May, 2009
- Topics in Quantitative Research (D. Nordstokke & B. Zumbo, ½ day) May, 2009
- Violence Threat/Risk Assessment Seminar (J.K. Cameron, 1 day) Feb., 2009
- Provisions of Capacity Assessment: Personal Directives Act (A. Pachet, ½ day) Oct., 2008
- Introducing the New WAIS-IV (D. Saklofske, ½ day) Oct., 2008
- WISC-IV: Issues in Interpretation & Intervention (L. Weiss, ½ day) Oct., 2008
- Diagnosis and Intervention Planning Using the Woodcock-Johnson III Cognitive and Achievement Tests (1 Day) Oct., 2007
- Best Practices in Assessment: RIAS/SMALSI (1 day) Feb., 2007
- Strong II Update (1 day) Feb., 2007
- Dialectical Behaviour Therapy for Borderline Personality Disorder (1 day) Nov., 2006
- Faculty Teaching Certificate, Teaching and Learning Centre, University of Calgary (5 days) Fall, 2006
- Instruction Skills Workshop, Teaching and Learning Centre, University of Calgary (24 hours) Aug. 2006
- Cognitive-Behaviour Therapy for Obsessions (1 day) June. 2006
- Healing & Treating Trauma & Violence (Dr. D. Meichenbaum, Cloe Madanes, Dr. D. Wexler (3 days) Nov. 2005
- Infusing Culture in Counselling Practices (Dr. Nancy Arthur, ½ day) May, 2005
- Diagnostic Assessment of Adults (Dr. Deborah Dobson, 2 days) Jan. 2005
- MS PowerPoint 2000 Level 1 (Chinook College, 1 day) Jan. 2004
- Strategies for Therapeutic Success: My Twenty Most Effective Techniques (Dr. David Burns, 2 days) Nov. 2003
- Some Nuts and Bolts for Teaching a Psychology of Women and Gender (Dr. Jan Yoder, SWAP Institute) May 2002
- The Chrysalis Program: A Feminist Approach to the Psychotherapeutic Treatment of Trauma Survivors (Dr. Margo Rivera, SWAP Institute) May 2002
- Challenges to Connection: New Directions in a Relational Approach to Therapy (Dr. Judith Jordan, 1 day) Oct. 2001
- Women Hurting Women (Jane Oxenbury & Carolyn Anderson 1 day) May 2001
- When Words are not Enough: Using Drawing in Psychotherapy with Survivors of Trauma (Dr. Cheryl Malmo, 1 day) Feb. 2001
- Understanding Anger (Dr. Joseph Shannon, 1 day) Apr. 2000
- Basic Critical Incident Stress Management (2 days) Nov. 1998
- Schema Focussed Therapy (Dr. Jeffry Young; 1 day) Feb. 1998
- Supervision Seminar (Dr. Judy Chew; 36 hours) 1997 - 1998

AWARDS/GRANTS

- Rocky View School District Research Contract \$15,635 2010
- Dean's Start-up Grant \$5,000 2008
- URGC Travel Grant \$1,800 2008
- Canadian Association of College and University Student Services

(CACUSS) Award of Service	2006
▪ CACUSS Life Membership	2006
▪ Canadian University and College Association Award of Service	2006
▪ Learning Commons Fellowship, University of Calgary	2002
▪ Outstanding New Professional Award, Alberta Student Services	2002
▪ Alberta Heritage Foundation for Medical Research Travel Grant	1998
▪ Morgan W. Wright Clinical Psychology Practicum Prize	1993
▪ Duff Roblin Graduate Fellowship, University of Manitoba	1992-93
▪ Alfred Rea Tucker Memorial Scholarship, University of Manitoba	1992-93
▪ Medical Research Council of Canada Studentship (Renewal)	1991-92
▪ Medical Research Council of Canada Studentship (Renewal)	1990-91
▪ Medical Research Council of Canada Studentship	1989-90
▪ University of Manitoba Fellowship	1988-89

EMPLOYMENT HISTORY

Associate Professor

July 2006 to present

Division of Applied Psychology, Faculty of Education, University of Calgary, Calgary, Alberta

Teaching

- APSY 603 Ethics in Applied Psychology
- APSY 615 Theoretical and Clinical Foundations of Assessment
- APSY 617 Psychological Assessment of Adults
- APSY 639 Counselling Interventions
- APSY 691 Program Development and Evaluation
- APSY 421 Psychosocial Interventions
- Developed Psychological Assessment of Adults
- Developed Program Development and Evaluation
- Re-Developed Counselling Interventions
- Re-developed course content for Theoretical and Clinical Foundations of Assessment

Research

- Current Projects:
 - Investigating types, severity and complexity of counselling concerns in post-secondary students across Canada
 - Tracking trends in severity and complexity of counselling issues – Phase 2
 - Types, severity, and complexity of presenting issues in post-secondary counselling
 - Evaluation of the Learning in Engaging Networked Settings Program
 - Investigating impact of teaching elementary students the regular curriculum through the lens of interest areas

Counsellor (Promoted to Senior Counsellor July, 2005)

Sept. 1997 to June 2006

Counselling Centre, University of Calgary, Calgary, Alberta

Counselling

- Received consistently excellent peer review and client evaluations for short-term individual and group counselling for university students, crisis intervention, outreach, and consultation to faculty, staff, and student placements.
- Worked effectively with the full spectrum of issues with which university students present including: exam anxiety and procrastination, study skills, anger, conflict with parents, transitional issues related

to leaving home and starting university, dating/relationship violence, long term sequelae of childhood abuse, loss and grief, trauma, depression, learning disabilities, time management, stress management, a range of anxiety-related problems, schizophrenia, bipolar disorder and career/life planning.

- Facilitated groups including career planning, academic success, critical incident stress debriefing, procrastination, and anger groups for women.
- Developed and facilitated workshop on Transitions for new students and their parents.
- Developed and facilitated new group programs (*Women and Anger* and *Procrastination: Making Choices*).
- Developed and facilitated new university orientation (U of C 101) elective workshops [*Inquiring Minds Want to Know I and II* (Learning and Self-Management), *Planning for Success: Avoid Procrastination*, and *Preparing for University Tests*].
- Developed and facilitated new graduate student workshop on Procrastination.
- Initiated critical incident debriefing following a local disaster involving a large number of our students.

Teaching/Supervision/Training

- Supervised graduate level practicum students and psychology chartering interns.
- Co-facilitated training for Student and Academic Services staff on Self-Harm Behaviour.
- Offered peer support training (relationship violence, eating issues, critical incident stress management, study skills and learning styles).
- developed a training video (intake interviews) with a colleague.
- guest lectured in a variety of applied psychology and general studies classes on a range of topics including: eating disorders, learning styles, and trauma.
- Guest lectured at the Counselling Centre training seminar for interns and practicum students on a variety of topics including learning styles, relationship violence, and trauma.
- Co-facilitated Learning Commons workshops for faculty on *Managing the Boundaries: Handling Interpersonal Dynamics Between Students and Professors* and on *Learning Expectations at the University Level*.
- Facilitated Counselling Centre professional development session on the use of the LASSI in counselling University students.

Research

- Sole investigator on research project on procrastination.
- Co-investigator on research project on measuring counselling outcomes.
- Developed, implemented and maintained a Counselling Centre evaluation program including preparation of bi-annual reports.
- Maintained statistical data base of intake activity including preparation of bi-annual reports (recently modified to include assessment of presenting severity and complexity).
- Developed a traumatic stress pamphlet to give students following critical incidents.
- Presented extensively at professional conferences.
- Published work in a variety of venues.

Sessional Counsellor

Sept. 1996 to April, 1997 and
September, 1995 to April, 1996

Counselling Service, University of Manitoba, Winnipeg, Manitoba

Counsellor

May 1993 to August 1994

EVOLVE, Winnipeg, Manitoba

Counselling

- Facilitated group therapy for women who had been abused in intimate relationships.

- Facilitated group therapy for men who had been abusive toward a partner.
- Provided individual counselling for children who had been exposed to domestic violence.

Teaching/Training

- Conducted training workshops on domestic violence for various groups including RCMP and Winnipeg Police Victim Service Volunteers, Child and Family Services, and community workers.

Sessional Instructor

Sept. 1991 to April 1992

University of Winnipeg, Winnipeg, Manitoba

Teaching

- Instructed two classes of 50 students in Developmental Psychology.

ADMINISTRATIVE APPOINTMENTS

Graduate Program Director, Educational Psychology
Chair, Educational Studies in Counselling Psychology
Chair, Educational Studies in Psychology

July 2011 to present
 July 2011 to present
 June 2010 to June 2011

SUPERVISORY EXPERIENCE

Supervisor

- PhD
 - Carmen Thompson 2010 – (Enhancing the Continuum of Care for Low Income Women)
- MSc
 - Theresa Jubenville 2011-
 - Alix Shriner 2011 – Maternal Stress and Long Term Outcomes
 - Cayla Martin 2010 – Experience of Stigma by Career-Oriented Women with Body Modification
 - Marley Resch 2010 – Attachment Style and Relationship Satisfaction in Intimate Relationships of Adult Children of Alcoholics
 - Sander Deeth 2009 - 2011 – The Relationship between Attachment Style and Anxiety and Depression in University Students
 - Jennifer Dahl 2009 – Belonging And Attachment In Childhood Familial Relationships and Adult Close Relationships of Adults Adopted at Birth
 - Jana Kurlova 2009 – Exploring the effects of Mindfulness-Based Stress Reduction
 - Laura Thomas 2008 - 2011 – Introverted and Happy: Thriving in an Extroverted Society (Awarded CPA’s 2011 Award of Academic Excellence)
 - Chantelle Quesnell 2008 - 2011 – Development of Adolescent Therapeutic Alliance (Awarded CPA Counselling Section’s 2011 Best Master’s Thesis Award)
 - Jennifer McCormick 2007 - 2011 - Stress in Caregivers of Adolescents
 - Kate Nielsen 2006-2008 - Social Anxiety and Close Relationships
- MEd
 - Nora MacQuarrie 2007 - 2009
 - Derek Steiger 2005 - 2009

Committee Member

- Ph.D.
 - Shannon Ross 2009 – An Ecological Approach to School-Based Eating Disorder and Obesity Prevention
 - Sarah Flynn 2008 - Making Meaning from Acculturative Stress: Chinese International Students' Experiences
 - Sarah Mastoras 2008 – The role of Social Support in Children with Attention-Deficit/Hyperactivity Disorder: Promoting Well-Being in an At-Risk Population
 - Keoma Thorne 2008 – The Relationships Among and Between Psychological Variables and Anxiety in School-Age Children

Examiner

- PhD
 - Allan Serafino (Internal/External) April 2011
- Ph.D. Candidacy
 - Emma Climie October 2010
 - Jason Jordon August 2009
 - Danielle Dyke (Internal) November 2008
- EdD
 - Marilyn Kathleen Peterson (Candidacy) November 2009
 - Lee Swanson (Internal/External) April 2008
- MSc
 - Carmen Thompson (Internal) August 2010
 - Joshua McLellan (Internal) August 2008
 - Jamie Pope (Internal) March 2008
 - Dawn Johnson (Internal) April 2007
 - Lyndsey Hampton (Internal) October 2006
- MC
 - Cynthia Renton December 2010
 - Grace Daniels October 2010

Neutral Chair

- Ph.D.
 - Meadow Schroeder 2010 (Doctoral Thesis)
 - Lauren Stanton 2009 (Candidacy)
- MSc
 - Tanya Mudry July 1011
 - Hillary Sharpe September 2008
 - Anthony Banka April 2008

Chartering Intern

- Richelle Mottosky 2004-2005

Counselling Intern

- Pat Pardo 2003-2004

Doctoral Level Applied Psychology Practicum

- One 1999-2000

Master's Level Applied Psychology Practicum

- Six between 1997 - 2005

PROFESSIONAL SERVICE

Canadian Counselling and Psychotherapy Association

- Member, Conference Steering Committee 2010 – Present
- Member, Program Committee 2011 - Present

Canadian Psychological Association

- Past Chair, Section on Counselling Psychology 2010 – 2011
- Member, Professional Affairs Committee 2009 - 2011
- Chair, Section on Counselling Psychology 2008 – 2010

College of Alberta Psychologists

- Hearing Tribunal/Complaint Review Committee 2008 – Present
- Oral Examinations Committee Panel Chair 2006 – Present
- Oral Examinations Committee 2000 -- Present
 - Examined provisional psychologists on professional ethics and jurisprudence four times a year.

Canadian Journal of Counselling

- Reviewer 2005 - Present

Canadian Association of College and University Student Services

- Treasurer 2001 – 2006
- Managed \$95,000 budget.
- Chaired investment committee.
- Produced surplus every year end.
- Restored reserve funds to a viable level.

Alberta Services for Students Conference

- Member Provincial Planning Committee 2004-2005
 - Participated in planning of annual conference.

Adult Education Counsellors' Association of Alberta

- Vice-President/Treasurer 2003-2004
- Spearheaded development of two position papers, one on outcome measures and one on outsourced counselling.
- Managed organization's finances and produced annual financial statements.

Counselling and Student Development Centre, University of Calgary

- Associate Director 2000 - 2003
- Served as Acting director in the absence of the Director.
- Chaired Policy Committee.
- Assisted director in planning and facilitating annual 2-day retreat.

Women in Psychology

- Treasurer 1998 - 2002
 - Managed \$20,000 annually in investment and chequing accounts.
- Steering Committee (Directory Portfolio) 1997 - 2000
 - Compiled and produced annual directory of approximately 80 members.

Clinical Section Newsletter, Canadian Psychological Association

- Editor 1998 - 2001

- Produced two newsletters a year.
- Praised by executive and members on improvements to quality of the newsletter.

Canadian University and College Counselling Association (CUCCA) 1998 - 2001

- Western Co-Representative
- Organized an internationally accredited workshop on critical incident stress management co-sponsored by CUCCA and the University of Calgary Student and Academic Services.

Manitoba Head Injury Association 1988 - 1990

- Facilitator
 - Facilitated monthly support group for individuals with head injuries and their families.

- Board Member 1989

Psychiatric Nurses Association of Nova Scotia 1977 - 1979

- Executive Secretary

UNIVERSITY SERVICE

Faculty Promotions Committee	2011
<ul style="list-style-type: none"> • Faculty of Education, member 	
Dean's Advisory Committee	2010 – Present
<ul style="list-style-type: none"> • Faculty of Education, member 	
Graduate Programs in Education Council	2010 – Present
<ul style="list-style-type: none"> • Faculty of Education, member 	
Undergraduate Programs in Education Council	2010 – Present
<ul style="list-style-type: none"> • Faculty of Education, member 	
Academic Workload Advisory Committee	2010 – Present
<ul style="list-style-type: none"> • Faculty of Education, member 	
B.Ed. Implementation Committee	2010 – 2011
<ul style="list-style-type: none"> • Faculty of Education, member 	
Student Academic Appeals Committee	2009 – 2011
<ul style="list-style-type: none"> • Faculty of Education, member 	
U-CAPES Materials Management Committee	2007 – 2010
<ul style="list-style-type: none"> • Division of Applied Psychology, member 	
Conjoint Faculties Research Ethics Board	2008 - 2009
<ul style="list-style-type: none"> • Ad Hoc Faculty Reviewer 	
Merit Increment Review Committee	2007 – 2009
<ul style="list-style-type: none"> • Division of Applied Psychology 	
Academic Appointment Review Committee	2007 – 2008
<ul style="list-style-type: none"> • Faculty of Education, member 	

Sabbatical Fellowship Committee	2007
<ul style="list-style-type: none"> • Faculty of Education, member 	
Advisory Committee for Health, Wellbeing, and Effectiveness	2004 - 2006
<ul style="list-style-type: none"> • Department representative • Participated in monthly meetings and facilitated communication between department and committee. 	
Awards Committee	2004 - 2006
<ul style="list-style-type: none"> • The University of Calgary Faculty Association • Member of committee that reviews and selects award nominees for the member of the university community that contributes significantly to the community and for the member of the community that contributes significantly to the university. 	
Outcome Research Committee	2004 - 2005
<ul style="list-style-type: none"> • Counselling Centre • Chaired committee that developed and is conducting a research project on counselling outcomes; project is in data analysis phase. 	
Training Ethics Committee	2001 – 2003
<ul style="list-style-type: none"> • Counselling Centre • Member of committee that reviewed Centre policy on trainees as clients. 	
Policy Committee	2000 - 2003
<ul style="list-style-type: none"> • Counselling Centre, University of Calgary 	
Department Representative	1997 - 2003
<ul style="list-style-type: none"> • The University of Calgary Faculty Association (TUCFA) • Representative for Student and Academic Services. 	
Faculty Promotions Committee	2000 - 2003
<ul style="list-style-type: none"> • Student and Academic Services, University of Calgary 	
Hiring Committee	2001 - 2002
<ul style="list-style-type: none"> • Counselling and Student Development Centre 	
Health and Safety Committee	2001
<ul style="list-style-type: none"> • The University of Calgary Faculty Association (TUCFA) Representative 	
Director Search Committee	2001
<ul style="list-style-type: none"> • Counselling and Student Development Centre, University of Calgary 	
Treasurer	1989 - 1991
<ul style="list-style-type: none"> • Graduate Association of Students in Psychology (GASP), University of Manitoba. 	
Department Representative	1988 - 1991
<ul style="list-style-type: none"> • Graduate Student Association (GSA) representative for Psychology, University of Manitoba 	

Orientation Committee	1988 - 1991
<ul style="list-style-type: none"> Graduate Association of Students in Psychology (GASP), University of Manitoba 	
Student Representative	
<ul style="list-style-type: none"> Psychological Service Centre student representative, University of Manitoba. 	1989 - 1990
<ul style="list-style-type: none"> Department Council, Department of Psychology University of Manitoba. 	1988 - 1990

PUBLICATIONS

PEER REVIEWED JOURNAL ARTICLES

- Haverkanp, Beth, Robertson, S., **Cairns, S. L.**, Bedi, R. (2011). Professional issues in Canadian counselling psychology: Identity, education, and professional practice. *Canadian Psychology/Psychologie canadienne*, Vol 52(4), 256-264. doi: 10.1037/a0025214
- Nordstokke, David W., Zumbo, Bruno D., **Cairns, Sharon L.**, Saklofske, Donald H. (2011). The operating characteristics of the nonparametric Levene test for equal variances with assessment and evaluation data. *Practical Assessment, Research & Evaluation*, 16(5), 1-8. Available online: <http://pareonline.net/getvn.asp?v=16&n=5>.
- Cairns, S. L.**, Massfeller, H., & Deeth, S. C. (2010). Why do post-secondary students seek counselling? *Canadian Journal of Counselling*, 44, 34-50.
- Nielsen, K., & **Cairns, S.** (2009). Social anxiety and close relationships: A hermeneutic phenomenological study. *Canadian Journal of Counselling*, 43, 178 - 197.
- Cairns, S.** (2006). Why do our students go to counselling? *Communique*, 7, 19-21
- Stewart, D.W., & **Cairns, S.L.** (2002). Objective versus subjective evaluation of student distress at intake: Considerations for counseling centers. *Journal of College Student Development*, 43 (3), p. 386-394.
- Cairns, S.**, & LeBow, M.D. (1991). Meige's disease misdiagnosed as anxiety disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 22, 221-223.
- Norton, G.R., Malan, J., **Cairns, S.L.**, Wozney, K., & Broughton, R. (1989). Factors Influencing Drinking Behavior in Alcoholic Panickers and Non-panickers. *Behavior Research and Therapy*, 27, 167-171.
- Cairns, S.L.**, & Norton, G.R. (1988). Induction and Reversal of Depression, Anxiety, and Hostility. *Journal of Clinical Psychology*, 44, 416-424.
- Norton, G.R., **Cairns, S.L.**, Wozney, K.A., & Malan, J. (1988). Panic Attacks and Psychopathology in Non-Clinical Panickers. *Journal of Anxiety Disorders*, 2, 319-331.

BOOK CHAPTERS

Boyes, D., & **Cairns, S.** (1998). Working with children. In D.G. Martin & A.D. Moore (Eds.) *Basics of clinical practice: A guidebook for trainees in the helping professions*. Prospect Heights, IL: Waveland Press. *

Cairns, S., & Gilman, D. (1998). Physically and sexually abused adult clients. In D.G. Martin & A.D. Moore (Eds.) *Basics of clinical practice: A guidebook for trainees in the helping professions*. Prospect Heights, IL: Waveland Press.*

Osachuk, T., & **Cairns, S.** (1998). Relationship issues. In D.G. Martin & A.D. Moore (Eds.) *Basics of clinical practice: A guidebook for trainees in the helping professions*. Prospect Heights, IL: Waveland Press. *

* Previously published in 1995 in D.G. Martin & A.D. Moore (Eds.) *First steps in the art of intervention: A guidebook for trainees in the helping professions*. Pacific Grove, CA: Brooks/Cole.

PEER REVIEWED CONFERENCE PRESENTATIONS

Cairns, S. L. (2011, June). Ethics from an international perspective. Symposium presented at the Canadian Psychological Association, Toronto, Ontario.

Cairns, S. L., Deeth, S. C., Massfeller, H. F. (2011, June). Relationship concerns: Post-secondary students' most common reason for seeking counselling. Symposium presented at the Canadian Psychological Association, Toronto, Ontario.

Deeth, S. C. & **Cairns, S. L.** (2011, June). Attachment, anxiety, and depression in post-secondary students. Poster presented at the Canadian Psychological Association, Toronto, Ontario.

Deeth, S. C., & **Cairns, S. L.** (2011, June). Using attachment theory to understand depression and anxiety in post-secondary students. Symposium presented at the Canadian Psychological Association, Toronto, Ontario.

Thomas, L. E., & **Cairns, S. L.** (2011, June). Introverted perspectives on happiness. Poster presented at the Canadian Psychological Association, Toronto, Ontario.

Nordstokke, D.W., Zumbo, B.D., Saklofske, D, & **Cairns, S.** (2010, July). The operating characteristics of the nonparametric Levene test for equal variances with assessment and evaluation data. 7th Annual Conference of the International Test Commission, Shatin, Hong Kong.

Cairns, S. L. (2010, June). Competency in program development and evaluation. Symposium presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.

Cairns, S. L., Massfeller, H. F., & Deeth, S. C. (June, 2010). Post-secondary counselling concerns: Tracking trends over five years. Poster presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.

Bardick, A. D., Ferronato, M., Ross, S., Garrett, S., Nordstokke, D. W., & **Cairns, S. L.** (2010, June). *Promoting equality and building community: Evaluation of the volunteer program at the Women's Resource Centre, University of Calgary*. Symposium presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.

- Mastoras, S. M., French, J. R., Drouker, D., Schwartz, K. D., Nordstokke, D. W., & Cairns, S. L. (2010, June). *University of Calgary Applied Psychological and Educational Services (UCAPES): A program review and evaluation*. Symposium presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.
- Thomas, L. E., & Cairns, S. L. (2010, June). *Introverted and happy: Thriving in an extraverted society*. Poster presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.
- Willment, J. H., & Cairns, S. L. (2010, June). *Psychologists' role in end-of-life-decision-making*. Workshop presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.
- Winters, J. R., Thomas, L. E., Vanderveen, S. A., Nordstokke, D. W., & Cairns, S. L. (2010, June). *Assessing spiritual needs: A program evaluation of the Multifaith Chaplains' Centre at the University of Calgary*. Symposium presented at the annual meeting of the Canadian Psychological Association, Winnipeg, Manitoba.
- Cairns, S. (2009, June). *The challenges and rewards of learning program development and evaluation in an applied course*. Symposium conducted at the annual meeting of the Canadian Psychological Association, Montreal, Quebec.
- Cairns, S. L., Massfeller, H., & Deeth, S. C. (2009, June). *Do graduate and undergraduate students present with different counselling needs?* Poster presented at the annual meeting of the Canadian Psychological Association, Montreal, Quebec.
- Cairns, S., & Engelberg, S. (2008, June). *The increasingly complex world of wellness and learning*. Paper presented at the meeting of the Canadian Association of College and University Student Services, St. John's, Newfoundland.
- Cairns, S., Doyle, E., Djuraskovic, I., Saraceni, R. (2008, June). *The advancement of program development and evaluation knowledge and skills through a flexible applied graduate course*. Symposium conducted at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.
- Cairns, S., & Engelberg, S. (2008, June). *How similar are counsellors' and clients' perceptions of the severity of presenting concerns at intake?* Poster presented at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.
- Conrad, M., & Cairns, S. (2008, June). *Women's experiences of hypoactive sexual desire disorder: Feminist assessment perspectives*. Paper presented at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.
- Djuraskovic, I., Cairns, S., & Babins Wagner, R. (2008, November). Evaluation of family violence treatment group for men: The effectiveness of the Responsible Choices for Men group for culturally diverse men. Workshop conducted at the meeting of the 5th Annual Diversity and Wellbeing Conference, Calgary, AB.
- Djuraskovic, I., Saraceni, R., Cairns, S., & Doyle, E. (2008, June). The effectiveness of family violence treatment groups for culturally diverse clients. In S. Cairns, E. Doyle, I. Djuraskovic, & R. Saraceni, *The advancement of program development and evaluation knowledge and skills through a flexible applied graduate course*. Symposium conducted at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.

- Doyle, E., Djuraskovic, I., Saraceni, R., & Cairns, S. (2008, June). The need for individual counselling evaluation. In S. Cairns, E. Doyle, I. Djuraskovic, & R. Saraceni, *The advancement of program development and evaluation knowledge and skills through a flexible applied graduate course*. Symposium conducted at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.
- Saraceni, R., Cairns, S., Doyle, E., & Djuraskovic, I. (2008, June). Quality programming and evaluation: Greater accountability for program effectiveness in body esteem promotion. In S. Cairns, E. Doyle, I. Djuraskovic, & R. Saraceni, *The advancement of program development and evaluation knowledge and skills through a flexible applied graduate course*. Symposium conducted at the meeting of the Canadian Psychological Association, Halifax, Nova Scotia.
- Djuraskovic, I., Cairns, S., Babbins Wagner, R. (2008, February). *The responsible choices for men treatment group: The outcomes for culturally diverse clients*. Poster presented at the Summit on Violence and Abuse in Interpersonal Relationship: Connecting Agendas and Forging New Directions, Bethesda, MD.
- Cairns, S. (2008, January). *Preparation of post-secondary counsellors: What issues will their clients bring?* Paper presented at the Hawaii International Conference on Education, Honolulu, Hawaii.
- Cairns, S. (2008, January). *Procrastination: What does culture have to do with it?* Paper presented at the Hawaii International Conference on Education, Honolulu, Hawaii.
- Cairns, S.L. (2007, June). *University students: High expectations versus procrastination*. Poster session presented at the annual meeting of the Canadian Psychological Association, Ottawa, ON.
- Cairns, S.L. (2007, June). *Do students present with different counselling issues depending on the semester?* Poster session presented at the annual meeting of the Canadian Association of College and University Student Services, Saskatoon, SK.
- Cairns, S.L. (2006, June). *Tracking trends in severity and complexity of counselling issues*. Poster session presented at the annual meeting of the Canadian Association of College and University Student Services, Hamilton, ON.
- Cairns, S.L. (2006, June). *Self-harm behaviour: How to assess and effectively intervene*. Paper presented at the annual meeting of the Canadian Association of College and University Student Services, Hamilton, ON.
- Cairns, S., Crozier, S., & Vander Werf, J. (2006, June). *Use of routine outcome measures in counselling: Acceptability and value*. Poster session presented at the annual meeting of the Canadian Psychological Association, Calgary, AB.
- Cairns, S. (2005). *Making choices: A 7-week group for students who procrastinate*. Paper presented at The Annual Canadian Association of College and University Student Services Conference, Kingston, ON.
- Cairns, S., Crozier, S., Vander Werf, J., Mottosky, R., & Miles, J.J. (2005). *Counselling outcomes: Preliminary findings*. Poster presented at the Annual Canadian Association of College and University Student Services Conference, Kingston, ON.
- Cairns, S., Crozier, S., Vander Werf, J., Mottosky, R., & Miles, J.J. (2005). *Outcome measures: One year later*. Paper presented at the Annual Alberta Services for Students Conference, Calgary,

AB.

- Cairns, S.** (2004). *Accountability in Post-Secondary Counselling*. Invited paper presented at the annual Convention of the British Columbia Colleges and Institutes Counselling Association, Whistler, BC.
- Cairns, S.** (2004). *Procrastination: Is the why central to effective intervention?* Paper presented at the Annual convention of the Canadian Association of College and University Student Services, Winnipeg, MB.
- Cairns, S.** (2004). *Just Do It!* Paper presented at the Alberta Services for Students Conference, Red Deer, AB.
- Cairns, S., & Dobbs, J.** (2004). *Assessing counselling services: Planning for successful Outcomes*. Paper presented at the Annual convention of the Canadian Association of College and University Student Services, Winnipeg, MB.
- Cairns, S.** (2003). *Facilitating adaptation to thinking expectations at the university level*. Poster presented at the Annual Convention of the Canadian Association of College and University Student Services. Vancouver, BC.
- Cairns, S., & Samuels, M.** (2003). *Experiential development of meta-cognitive awareness*. Paper presented at the Alberta Services for Students Conference, Fairview, AB.
- Cairns, S., & Samuels, M.** (2003). *Innovations in teaching learning strategies*. Paper presented at the Annual Convention of the Canadian Association of College and University Student Services. Vancouver, BC.
- Cairns, S.** (2002). *An ADD/ADHD Drop-In Academic Support Group*. Paper presented at the Alberta Services for Students Conference, Medicine Hat, AB.
- Cairns, S., & Morgan, T.** (2002). *Practical Implications for Counsellors Working with Students on Abuse Related Issues*. Poster presented at the Annual Convention of the Canadian Association of College and University Student Services, Fredericton, NB.
- Cairns, S., & Stewart, D.W.** (2002). *Psychometric vs. Clinical Assessment at Intake: Competing or Complementary Approaches*. Poster presented at the Annual Convention of the Canadian Association of College and University Student Services, Fredericton, NB.
- Cairns, S., & Stewart, D.W.** (2002). *What Can Objective Measures Add to Counselling Assessment?* Poster presented at the Annual Convention of the Canadian Psychological Association, Vancouver, BC.
- Cairns, S.** (2001). *Anger: Attachment and Relational Theories Can Help*. Paper presented at Going for Gold: An International Conference Celebrating Excellence in Career Development and Counselling, Vancouver, BC.
- Cairns, S.** (2001). *Understanding and Working Effectively with Students Who are Angry*. Paper presented at the annual convention of the Canadian Association of College and University Student Services, Montreal, QC.
- Cairns, S., Laverty, A., & Lalande, V.** (2001). *Intake: Help! My Schedule is Full*. Presented at the Alberta Services for Students Conference, Edmonton, AB.

- Cairns, S.**, Laverty, A., & Lalande, V. (2001). *Intake: Help! My schedule is full*. Paper presented at the Idaho Counselling Association 2001 Annual Conference, Coeur d'Alene, Idaho.
- Cairns, S.** (2000). *Resilience in young women abused as children*. Poster presented at the XXXII Banff International Conference on Behavioural Science, Banff, AB.
- Morgan, T., & **Cairns, S.** (2000). *Providing counselling to students who have experienced abuse: Addressing longer-term mental health needs in a short-term setting*. Paper presented at the annual meeting of the Canadian Association of College and University Student Services, Toronto, ON.
- Cairns, S.** (1999). *Women and anger: A 7-week group*. Paper presented at the annual meeting of the Canadian Association of College and University Student Services, Victoria, B.C.
- Cairns, S.**, & Morgan, T. (1999). *Issues students address in counselling and their evaluation of our work with them*. Paper presented at the annual meeting of the Canadian Association of College and University Student Services, Victoria, B.C.
- Cairns, S.** (1999). *Women and anger*. Paper presented at the November meeting of Women in Psychology, Calgary, AB.
- Stewart, D., Ness, D., Battle, P., & **Cairns, S.** (1999). *The relationship between College Maladjustment and therapeutic alliance at intake*. Poster presented at the annual meeting of the Canadian Psychological Association, Halifax, N.S.
- Cairns, S.L.**, Battle, P., Stewart, D.W., & Robinson, M. (1998). *Client and counsellor perceptions of working alliance at intake*. Poster session presented at the annual meeting of the Canadian Psychological Association, Edmonton, Alberta.
- Cairns, S.**, & Koverola, C. (August, 1997). *Psychological functioning of young adults physically abused as children*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Cairns, S.**, Ness, D., Penaloza, J., Curtis, D., Stewart, D., & Adams, A. (June, 1997). *Predicting client return following intake*. Poster session presented at the annual meeting of the Canadian Psychological Association, Toronto, Ontario.
- Stewart, D., **Cairns, S.**, Ness, D., Penaloza, J., & Curtis, D. (June, 1997). *The relationship between College Maladjustment and perception of student distress by clients and counsellors*. Poster session presented at the annual meeting of the Canadian Psychological Association, Toronto, Ontario.

PUBLISHED ABSTRACTS OF CONFERENCE PRESENTATIONS

- Cairns, S. L.** (2011). Ethics from an international perspective. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 52:2a, 39*.
- Cairns, S. L.**, Deeth, S. C., Massfeller, H. F. (2011). Relationship concerns: Post-secondary students' most common reason for seeking counselling. *Canadian Psychology Annual Convention Issue Abstracts, 52:2a, 190*.
- Deeth, S. C. & **Cairns, S. L.** (2011). Attachment, anxiety, and depression in post-secondary students.

- Deeth, S. C., & Cairns, S. L. (2011). Using attachment theory to understand depression and anxiety in post-secondary students. *Canadian Psychology Annual Convention Issue Abstracts, 52:2a, 191.*
- Thomas, L. E., & Cairns, S. L. (2011). Introverted perspectives on happiness. *Canadian Psychology Annual Convention Issue Abstracts, 52:2a, 156.*
- Cairns, S. L. (2010). Competency in program development and evaluation. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 53.*
- Cairns, S. L., Massfeller, H. F., & Deeth, S. C. (2010). Post-secondary counselling concerns: Tracking trends over five years. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 167.*
- Bardick, A. D., Ferronato, M., Ross, S., Garrett, S., Nordstokke, D. W., & Cairns, S. L. (2010). Promoting equality and building community: Evaluation of the volunteer program at the Women's Resource Centre, University of Calgary. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 53.*
- Mastoras, S. M., French, J. R., Drouker, D., Schwartz, K. D., Nordstokke, D. W., & Cairns, S. L. (2010). University of Calgary Applied Psychological and Educational Services (UCAPES): A program review and evaluation. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 54.*
- Thomas, L. E., & Cairns, S. L. (2010). Introverted and happy: Thriving in an extraverted society. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 170.*
- Willment, J. H., & Cairns, S. L. (2010). Psychologists' role in end-of-life-decision-making. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 22.*
- Winters, J. R., Thomas, L. E., Vanderveen, S. A., Nordstokke, D. W., & Cairns, S. L. (2010). Assessing spiritual needs: A program evaluation of the Multifaith Chaplains' Centre at the University of Calgary. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 51:2a, 54.*
- Cairns, S. (2009). The challenges and rewards of learning program development and evaluation in an applied course. [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 50:2a, 7.*
- Cairns, S. L., Massfeller, H., & Deeth, S. C. (2009). Do graduate and undergraduate students present with different counselling needs? [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts, 50:2a, 70.*
- Cairns, S., Doyle, E., Djuraskovic, I., Saraceni, R. (2008). The advancement of program development and evaluation knowledge and skills through a flexible applied graduate course. [Abstract]. *Canadian Psychology: Abstracts, 4), 199.*
- Cairns, S., & Engelberg, S. (2008). How similar are counsellors' and clients' perceptions of the severity of presenting concerns at intake? [Abstract]. *Canadian Psychology: Abstracts, 4), 98.*
- Conrad, M., & Cairns, S. (2008). Women's experiences of hypoactive sexual desire disorder: Feminist assessment perspectives [Abstract]. *Canadian Psychology: Abstracts, 49, 276.*
- Djuraskovic, I., Saraceni, R., Cairns, S., & Doyle, E. (2008). The effectiveness of family

- violence treatment groups for culturally diverse clients [Abstract]. *Canadian Psychology: Abstracts*, 49, 200.
- Doyle, E., Djuraskovic, I., Saraceni, R., & **Cairns, S.** (2008). The need for individual counselling evaluation [Abstract]. *Canadian Psychology: Abstracts*, 49, 199-200.
- Saraceni, R., **Cairns, S.**, Doyle, E., & Djuraskovic, I. (2008). Quality programming and evaluation: Greater accountability for program effectiveness in body esteem promotion [Abstract]. *Canadian Psychology: Abstracts*, 49, 200.
- Cairns, S.** (2008). Preparation of post-secondary counsellors: What issues will their clients bring? [Abstract]. *Hawaii International Conference on Education: Conference Proceedings*. Honolulu.
- Cairns, S.** (2008). Procrastination: What does culture have to do with it? [Abstract]. *Hawaii International Conference on Education: Conference Proceedings*. Honolulu.
- Cairns, S.L.** (2007). University students: High expectations versus procrastination [Abstract]. *Canadian Psychology Annual Convention Issue Abstracts*, 48:2a, 14.
- Cairns, S.**, Crozier, S., & Vander Werf, J. (2006, June). *Use of routine outcome measures in counselling: Acceptability and value* [Abstract]. Poster session presented at the annual meeting of the Canadian Psychological Association, Calgary, AB.
- Cairns, S.**, & Stewart, D.W. (2002). *What Can Objective Measures Add to Counselling Assessment?* [Abstract]. Poster presented at the Annual Convention of the Canadian Psychological Association, Vancouver, BC.
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- Cairns, S.**, Koverola, C., Battle, P., Hanna, C., & Warren, M. (1994). Adults physically abused as children: Objective and projective assessments [Abstract]. *Canadian Psychology: Abstracts*, 35 (2a), 195.
- Cairns, S. L.**, & De Luca, R. V. (1991). Play therapy evaluation: The Rorschach and Achenbach [Abstract]. *Canadian Psychology: Abstracts*, 32 (2), 328.
- De Luca, R. V., Boyes, D. A., **Cairns, S. L.**, Gilman, D. A., & Grayston, A. D. (1991). Group treatment for children who have been sexually abused [Abstract]. *Canadian Psychology: Abstracts*, 32, (2), 366.
- Cairns, S.**, & LeBow, M.D. (1990). Dystonia, the source of the relative ineffectiveness of relaxation training: A case study [Abstract]. *Canadian Psychology: Abstracts*, 31, 326.
- Cairns, S.**, Pear, J., Desrochers, M., & Chitty, D. (1989). Computer Aided Speech Shaping [Abstract]. *Canadian Psychology: Abstracts*, 30, 372.
- Cairns, S.**, Norton, G.R., Cote, J., Wozney, K., & Malan, J. (1987). Attributional Style and

Cognitive Errors in Non-clinical Panickers [Abstract]. *Canadian Psychology: Abstracts*, 28, 686.

Malan, J., Norton, G.R., Broughton, R., Wozney, K., & Cairns, S. (1987). Alcoholic Panickers: A Further Analysis [Abstract]. *Canadian Psychology: Abstracts*, 28, 363.

Wozney, K., Norton, G.R., Walker, J., Cairns, S., & Malan, J. (1987). Caffeine and Panic Attacks [Abstract]. *Canadian Psychology: Abstracts*, 28, 687.

VIDEO RECORDINGS

Chew, J., & Cairns, S. (2000). *Intake Role Play* [VHS]. Calgary, AB: Author.

REVIEWS

Cairns, S. (2006). A review of *Treating Self-Injury: A Practical Guide* by Barent W. Walsh: Guilford: New York. *Psychology of Women Quarterly*, 30 (4), 419-420.

Cairns, S. (2004). A review of *Science and pseudoscience in clinical psychology* edited by S.O. Lillienfeld, S.J. Lynn, & J.M. Lohr, Guilford: New York. *Psymposium*, 13 (4), 21-22.

Cairns, S. (2001). A review of "Students' Help-Seeking Attitudes in Relation to Gender, Sexual Orientation, and Racial Identity", presented by Tracy Morgan, David Ness, Lisa Seymour, Gene Degen, & Maureen Robinson at CACUSS, 2000. *Coast to Coast*, 4, (1), 7.

Cairns, S. (2001). A review of "Squeezing it all in: Diversifying Daily Activities to Promote Meaningful Research Activity by Counsellors", presented by Donald Stewart & Gene Degen at CACUSS, 2000. *Coast to Coast*, 4, (1), 6-7.

Cairns, S. & Bruckner, D. (2001). A review of "When Words are Not Enough: Using Drawing in Psychotherapy with Survivors of Trauma", a workshop presented by Dr. Cheryl Malmo in Calgary. *Coast to Coast*, 4, (2), 7.

Cairns, S. (2000). A review of "Unearthing Client Drawings as a Counselling Tool", presented by Professor Maureen P. Robinson at CACUSS, 1999. *Coast to Coast*, 3 (2), 5-6.

Cairns, S. (2000). A review of "Cognitive Behavioural Strategies for Test Anxiety and Panic Disorder", presented by Dr. Diana Brecher at CACUSS, 1999. *Coast to Coast*, 3 (2), 6.

Cairns, S. (1998). A review of "Focused and flexible anger management workshops", Presented by David MacKay at CACUSS, 1998. *Coast to Coast*, 3 (1).

Cairns, S. (1998). A review of "Campus-wide critical incident stress debriefing programs at two universities", presented by Jack Williams & Diana Brecher at CACUSS, 1998. *Coast to Coast*, 3 (1).

INTERVIEWS/BROADCASTS

Interviewed by CBC Radio (Paul Vasey, Windsor Morningwatch host) regarding Women and Anger. Broadcast on March 31, 2004.

Interviewed by CFCN Television regarding impact of cold weather on people's moods. Broadcast on March 19, 2002.

Interviewed by Anne-Marie Bruzga regarding university study tips. Published in the *West Central Community Digest*, September 2001.

Guest on QR 77's Talk Radio program regarding binge drinking among university students, September, 2001.

Interviewed by Jill Webber, *The Gauntlet*, regarding domestic violence (2000).

Interviewed by Zureen Kazmi regarding eating disorders. Published in *The Gauntlet*, March 19, 1998, p. 7.

OTHER PUBLICATIONS/PRESENTATIONS

Cairns, S., Buzanko, C., Climie, E., Flynn, S., Gour, M., Gray, M., MacQuarrie, N., McCormick, J., Shklanka, G., Stanton, L., Thompson, C., & Zdrzilova, L. (2009, May). *An inquiry based program development and evaluation course*. Symposium presented at the Faculty of Education Research Conference, University of Calgary, Calgary, AB.

Cairns, S., Massfeller, H., & Deeth, S. (2009, May). *Do graduate students and undergraduate students present with different counselling needs?* Poster presented at the Faculty of Education Research Conference, University of Calgary, Calgary, AB.

Cairns, S., & Crozier, S. (2008, December). *Counselling's top 10*. Workshop presented to Student and Academic Services, University of Calgary.

Cairns, S., Drefs, M., & Wiesenberg, F. (2008, October). *Academic Presentations*. Paper presented at the Division of Applied Psychology's Student Research Seminars, University of Calgary, Calgary, AB.

Drefs, M., & **Cairns, S.** (2008, September). *Abstracts and posters*. Paper presented at the Division of Applied Psychology's Student Research Seminars, University of Calgary, Calgary, AB.

Cairns, S. (2008, May). *Post-secondary students attending counselling: Client and counsellor perspectives on severity and complexity of concerns*. Paper presented at the Faculty of Education Research Conference, University of Calgary, Calgary, AB.

Cairns, S. (2008, May). *Presenting Issues 2005 – 2008*. Paper presented at the Counselling Centre Annual Retreat, University of Calgary, Calgary, AB.

Cairns, S. (2008, March). *Suicide assessment & intervention: Part II*. Paper presented at the U-CAPES Student Seminar, University of Calgary, Calgary, AB.

Cairns, S. (2008, February). *Suicide assessment & intervention*. Paper presented at the U-CAPES Student Seminar, University of Calgary, Calgary, AB.

Cairns, S., Drefs, M., & Wiesenberg, F. (2008, January). *Academic Presentations*. Paper presented at the Division of Applied Psychology's Student Research Seminars, University of Calgary, Calgary, AB.

Cairns, S. (2007, November). *Procrastination: What does culture have to do with it?* Paper presented at the Women in Psychology Meeting, Calgary, AB.

Cairns, S. (2005). Preparing for finals. *Student Life E-Zine*, 1 (4):

http://www.ucalgary.ca/studentlife/Ezine/December/writing_finals.html

Cairns, S. (2005). *Procrastination*. Paper presented to Student and Academic Services Town Hall Professional Development Meeting, University of Calgary.

Cairns, S. (December, 2004). *Do you procrastinate?* Article on Counselling Centre Homepage: <http://www.ucalgary.ca/counselling>.

Chew, J., **Cairns, S.**, Ciccocioppo, A., & Laverty, A. (June, 2004). *At the centre of an ethical issue: Student counsellors seeking assistance*. Paper prepared for the Annual convention of the Canadian Association of College and University Student Services but not presented due to AGM going overtime. Posted on CACUSS website: <http://www.caucuss.ca>.

Cairns, S., Miller, J., Parrish-Craig, A., & Murphy, R. (May, 2004). Adult Education Counsellors Association of Alberta Position Paper on Counselling Outcomes. <http://www.aecaa.ab.ca>.

Cairns, S., Guthrie, R., & Miller, J. (May, 2004). Adult Education Counsellors Association of Alberta Position Paper on Supplemental Counselling Contracts. <http://www.aecaa.ab.ca>.

Cairns, S. (2004). *Measuring Outcomes*. Invited speaker at the annual retreat of the University of Calgary's Counselling and Student Development Centre's staff.

Cairns, S., Huston, M., & Dobbs, J. (2004). *Outcomes Presentation*. Invited panellist at the Adult Education Counsellors' Association of Alberta's annual professional development day.

Crozier, S., & **Cairns, S.** (2001). Coping in uncertain times. *Student and Academic Services: Praxis*, 5, (1), p.8.

Crozier, S., **Cairns, S.**, & Hay, R. (2001). Coping in uncertain times. *University of Calgary Gazette*, November 5, p.12.

Traumatic Experiences (n.d.), a pamphlet produced by Counselling and Student Development Centre, University of Calgary.

Cairns, S., & McSwain, K. (May 1983). *Aggression Workshop*. Workshop present at the annual meeting of the Emergency Department Nurse's Association, Winnipeg, Manitoba.

UNPUBLISHED MANUSCRIPTS

Cairns, S. (2002). *Facilitator's Guide: Inquiring Minds I: Learning*. University of Calgary, Calgary, AB.

Cairns, S. (2002). *Facilitator's Guide: Inquiring Minds I: Self-Management*. University of Calgary, Calgary, AB.

Cairns, S., Graff, L., & Temple, L. (1990, June). *Graduate Student Handbook: Department Of Psychology* (rev. ed.). University of Manitoba, Winnipeg, MB.

Cairns, S., Graff, L., & Temple, L. (1989, June). *Graduate Student Handbook: Department of Psychology*. University of Manitoba, Winnipeg, MB.

Cairns, Sharon (1989). *Speech Shaping Cluster Program: User's Guide*. Unpublished manuscript, University of Manitoba, Winnipeg.

